

## Fully Funded Life Dreams Review [90 minutes]

**Review your dreams list along with their timing. [10 mins]**

This should be a brief review of each dream. It is helpful to say them out loud as it makes each one more tangible and real to you.

**Identify progress toward each dream. [10 mins]**

It is easy to focus on negatives. Avoid this. Instead, identify progress you have made toward your dreams and write it down.

**Celebrate the progress made. [10 mins]**

High-five. Hug. Kiss. Fist-bump. Cheer. Whatever you do to celebrate, do it! You are making progress toward your dreams, and it is worth taking time to recognize the results of your efforts.

**Identify any setbacks experienced for individual dreams. [20 mins]**

Identify the reasons for the setbacks. Are there any things that could have been avoided? What changes are necessary to get back on track?

**Make adjustments as necessary. [20 mins]**

Determine the steps that will help you make progress toward your Fully Funded Life. It is this process of refinement that will ensure you make continued progress toward your dreams.

**Add new dreams to the list. [20 min]**

Are there any new dreams you need to add to your list? Consider both Moment and Lifestyle Dreams.

**Pray. [as long as you like]**

Philippians 4:6 shares this wisdom, "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." This is wonderful guidance for life!